

What's New at Voice One



Upcoming Classes

Acting for VO & More □	8/11-25
VO Techniques □ □	8/13-27
Preparing for a Demo □	8/14-21
VO for Teens □ □	8/16
INTRO - Starting Out □	8/17
VO Bootcamp □ □	8/23
Stepping Out □ □	8/24
Creating Characters □	8/24
Small Group Workout □	9/3
INTRO - Starting Out □	9/6
Ear Prompter/OCN □	9/7-21
Daytime Conservatory □	9/8-11/10
Truthful Monologues □	9/9-9/30
Nuts & Bolts □ □	9/10-10/1
Diction & Clarity □ □	9/11
Creating Characters □	9/13

Classes often sell out. Register early!

DROP-IN IMPROV WORKOUTS
SUNDAY NIGHT 5:30-8:30pm - \$10
(On summer break until after Labor Day)

VO Talent Database

<http://db.voiceoneonline.com>
 Producers are listening...
 check it out!

Success Tips #39

Preparing Your Voice

You have a job or audition to record. Or maybe you need to deliver a lecture or presentation. A vocal warm up improves the quality of the sounds you make. It also helps prevent vocal injury. Here are some of the more popular ways to warm up your instrument:

Gently humming, feeling the focus of the sound on the lips, is an excellent way to warm-up the voice. You should hum gentle melodic glides on the "m" sound feeling a tickling vibration in the lips and nose area.

Singing is also a fabulous warm-up for voice-actors. Pick your favorite tune and sing it softly. Don't belt it out - remember you're warming-up, not getting ready to sing on American Idol.

Crisp lips save slips and a slip saved is time saved. Tongue twisters are excellent for warming up the muscles of the lips and tongue. Although not a tongue twister, the following sentence is a workout for the face and mouth muscles. It contains multiple instances of hard consonants and resonators. Say it 8-10 times - starting very slowly and building up speed: *Listen! What do you think I am, a piece of ripe fruit you can squeeze the juice out of and cast aside?*

Another popular method, used by many voice actors, is to take a wine cork (just the cork - we recommend removing the bottle first) and speak as clearly and naturally as possible with the cork clenched tightly between your teeth. Five minutes is all you need to loosen the muscles. When you remove the cork, your jaw will feel a little sore but you'll enunciate much more clearly. Try all these suggestions and see what works best for you.



Elaine Clark, owner of Voice One and author of *There's Money Where Your Mouth Is*.

Look Who's Talking

- **Shaye Troha** filmed a SAG National Commercial for Clorox with **Tom Chantler**.
- **Steven Thomas** and **Ryan Silva** recorded voices for Doggie D. - a hip-hop toy dog.
- **Steven, Greg Land** and **Jenny Debevec** recorded character voices for mobile phone multimedia messages. Both jobs were cast off the Voice One Talent Database.
- **Bryan Session** landed a full-time gig recording industrials for the Fort Hill company, a leading learning and development training firm.
- **Jack Pollard** narrated corporate videos for tech giants Cisco, Syandus and Akamai.
- **Josh Snyder** recorded the main character for Rune Factory 2, a Nintendo video game.
- **Laura Wills-Mooney** featured in an independent film called Welcome.
- **Valerie Weak** recorded a VO for On Lok Lifeways, directed by Voice One instructor, John Crane.
- **Kelly Callahan** narrated web videos for the National Institute of Health and for AuPairCare.

Send us your success stories!



Voice-Over >> Acting >> Improv >> Casting >> Audio Production

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