

What's New at Voice One



Upcoming Classes

- Stepping Out** □ □ 4/26
- Creating Characters** □ 4/26
- Auditioning For Film** □ 4/27 □
- Character Intensive** □ 5/2-17
- Your Voice Imprint** □ 5/4
- Small Group Workout** □ 5/6
- Taking It To The Next Level** 5/7-28
- Narration Simple** □ 5/8-22
- Home Recording** □ 5/12
- Jump Start Your Career** □ 5/13
- ADR/Looping I** □ □ 5/20
- Long Form Narration** □ 5/24-31
- Styles** □ □ □ 5/25-6/1
- TV Tags & National Reads** □ 5/29-6/5
- Making It M.I.N.E.** □ 6/3-24
- By The Book** □ □ 6/6-14
- Preparing For A Demo** □ 6/11-18
- Small Group Workout** □ 6/17

Classes often sell out. Register early!

DROP-IN IMPROV WORKOUTS
SUNDAY NIGHT 5:30-8:30pm - \$10

VO Talent Database

<http://db.voiceoneonline.com>

Producers are listening...

Check it out!

Success Tips #35

Voice, Nose and Throat Remedies

Have a recording coming up and your throat and voice are in a bad way? Here are a few tips that may help.

1. Shut up! Really. Do not talk - give some rest to your vocal chords. Don't answer your phone and under no circumstances yell or scream.
2. Drink a lot. Plain water is great. Some folks swear by Ginger ale. Even milk, which is not good immediately before a session as it produces too much mucus, can help. It adds a thin coating to ease the pain.
3. Sleep. The body repairs itself during sleep. Getting a couple of extra hours can't hurt and will probably help you recover quicker.
4. Gargle with room temperature salt water. Some sources say hot water is better but under no circumstances should you drink cold or iced fluids.
5. Use a neti pot. Nasal irrigation clears out excess mucus and particulates and moisturizes the nasal cavity
6. Use an herbal tea. There are many brands on the market but our personal favorite is Throat Coat from Traditional Medicinals. Adding a drop of honey and some lemon juice is also helpful.
7. Keep your throat warm. Wear a scarf if you go outside and don't let the wind get to your neck.
8. Rest your Voice. Yes, we know this was tip #1 but it really is the best thing you can do to heal quicker ... so we're repeating.



Elaine Clark, owner of Voice One and author of *There's Money Where Your Mouth Is*.

Look Who's Talking

- Congratulations to **Earon Mackey** who signed with *Stars* and to **Shawn Smith** who signed with *Tony Talent*. Shawn also booked his first audition - a VO for *PRN*.
- **Marika Casteel** used her Ear Prompter skills on an *Adobe Systems* industrial.
- **Josh Snyder** recorded a VO for an *Axe Body Spray* national TV commercial.
- **Trish Gregovich** voiced a commercial for *Google audio ads* at Transvideo Studio.
- **Jenny Debevec** was cast off our database to provide multiple character voices for *Verizon's* mobile phone messages.
- **Jennifer Erdmann** filmed a commercial for a *Namco Bandai* video game, "Active Life" and an industrial for *DSA Creative*.
- **Rosemary Medeiros** recorded a Promo for radio station 94.9 in Spanish and filmed a commercial for *County Connection*.
- **Katie Krueger** recorded the voices of a 5 and 10 year old for two different toys.
- **Linadria Porter** and **Paul Clark** filmed an inspirational interactive web video for *Club One Fitness*.
- **Seth Sher** filmed a commercial for *Aquatek*.

Send us your success stories!



Voice-Over >> Acting >> Improv >> Casting >> Audio Production

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